



At-Home REPAIR FOR DAMAGED HAIR

Nexxus Emergencée Reconstructing Treatment, \$20, nexxus.com

When damaged hair results in more bad hair days than good ones, this two-step treatment nurses hair back to health.





Supercharged DARK SPOT REDUCER

Shiseido White Lucent MultiBright Night Cream, \$90, shiseido.com

Skin takes on an immediate glow once it absorbs this brightening cream, which works double-duty to lighten lingering dark spots and pesky acne scars.

NIGHTTIME USE

I tis clean-smelling, lightweight and does not make skin feel heavy or sticky. Oily skin types will not be alarmed by the texture.

—Dr. Gervaise Gerstner, dermatologist



From tightening loose skin to smoothing out wrinkles, these doctor-administered

treatments are known to get the job done.

Go-To Facial for All-Star

A HEALTHY GLOW

HydraFacial MD, hydrafacial.com

Think of this skin treatment like microdermabrasion and a facial in one. Skin is cleansed, exfoliated, hydrated and infused with antioxidants and peptides for a flawless look.

Ultimate Filler to LOOK YEARS YOUNGER

Juvéderm, juvederm.com

This hyaluronic acid-based injectable plumps skin back to its youthful state by restoring lost volume in the face so that areas like the cheeks and lips are better defined.

All-Star WRINKLE ERASER

Botox Cosmetic, botoxcosmetic.com

A few minutes is all it takes to administer this neuromodulator, which literally turns back the hands of time for months by temporarily freezing the muscles that lead to deep-set expression lines and wrinkles.

Anti-Aging LASER TREATMENT

Halo, halobysciton.com

Bring back your skin's youthful glow with this hybrid fractional laser that helps get rid of brown spots and other pigment issues while softening and perfecting skin.

Allover FAT FIGHTER

CoolSculpting,

You no longer have to go under the knife to get rid of stubborn pockets of fat thanks to this noninvasive technology that freezes and eliminates fat cells to reveal noticeable results in as little as one month.

Long-Lasting LIP PLUMPER

Restylane Silk, restylaneusa.com

Fuller lips and diminished lip lines are two key benefits of this injectable, which uses hyaluronic acid to help plump and smooth skin for a natural-looking result.

Overall **SKIN TIGHTENER**

Ultherapy, ultherapy.com

When surgery isn't an option, but loose skin is making you look older than you are, this noninvasive ultrasound treatment claims to lift and tighten skin back to where it belongs.

Under-The-Chin FAT ELIMINATOR

Kybella, mykybella.com



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